

Help support those with mental challenges!



Dear Friend of Pathways to Promise,

As the year end approaches, we at Pathways are mindful of those who are part of the 1 in 5 among the US population who live with a mental illness and of those who support them.

Pathways has an ambitious new strategic vision which includes the development of four new programs to provide a continuum of care for this who suffer or care for those who do.

With your help, Pathways to Promise will be uniquely positioned to provide essential support to communities and to transform our nation.



Pathways' delivery model utilizes faith and community volunteers to provide community-based, low-cost support for mental wellness access, engagement, and connections.

[Read about our new strategic vision](#)

Join us to provide essential support to communities!

Give a monthly gift to sustain the work to bring a continuum of resources across the country for mental health support. Give a gift of \$30 (just \$1 a day!) or a one-time gift of whatever you feel you can give.

With the end of the year approaching, now may be an ideal time to review your important financial decisions.

We would be grateful if you decide to include Pathways to Promise in your charitable gift planning.

One creative way would be a gift through your IRA. These gifts may lower your own taxes and even provide a source of income for you.

A Gift from your IRA

Those aged 70½ or older could take advantage of a tax-savvy approach to their gift. By directing your IRA administrator to make a distribution from your account directly to us, that distribution will not be considered ordinary income when you file your tax return.

If you are 72+, that distribution can be considered as part of all of your required minimum distribution. Although no tax deduction would be allowed, a gift from your IRA even has the potential to place you in a lower income tax bracket.

IRA Beneficiary Option

Keep in mind that retirement assets can be highly taxed when making a friend or family member a beneficiary. If you are considering a charitable gift, you might consider making Pathways a beneficiary to your IRA and gifting other assets to loved ones.

You *can* make a difference!

[Click here to make a monthly or one-time gift today](#)

Or you may make checks or have your IRA administrator make a distribution from your account to "Pathways to Promise" and mail it to the address below:

Pathways to Promise
P.O. Box 271662
Flower Mound, TX 75027
(314) 810-2234

Thank you for your investment in Pathways to Promise!

Do you know someone who might share your interest in supporting Pathways' work? Feel free to forward this email.

www.pathways2promise.org

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